

Drinks

FOUNTAIN POP bottomless	glass		3¾
COFFEE OR TEA	cup		3¾
BIG LIFE euro lager, Canada	16oz		6
BIG LIFE amber ale, Canada	16oz		6
JACKSON TRIGGS pinot grigio, CCanada	6oz		7
JACKSON TRIGGS cabernet sauvignon, Canada	6oz		7

Salads

SUPER GREENS SALAD ❶	18¾
fresh-cut greens, cucumbers, avocado, strawberries, aged cheddar, roasted seeds & quinoa, italian vinaigrette <i>add pan seared salmon (4oz) 6¾</i>	
AVOCADO & BACON COBB SALAD	20
iceberg lettuce, fresh vegetables, feta cheese, soft boiled egg, croutons with ranch dressing + sun dried tomato mescala <i>add pan seared salmon (4oz) 6¾</i>	

Entrées

LUNCH TENDERS & CAESAR SALAD	17½
3 x breaded chicken tenders & plum sauce with side caesar salad	
½ LB OF CHICKEN WINGS & FRIES	17½
5 x panko crusted chicken wings with sauce of your choice + fresh cooked fries <i>choose sauce: hot, honey garlic or salt & pepper</i>	
LUNCH COMBO - ½ SHORT RIB BEEF DIP WITH SOUP OR SALAD	19
½ of our short rib beef dip with braised beef rib, caramelized onions, aged cheddar, garlic aioli, toasted sourdough & au jus + choice of soup or salad upgrade to full short rib beef dip, add 4	
ALFREDO	18
tagliatelle noodles, sautéed onions, grana padano, white wine & cream sauce, chives + garlic baguette	
CASHEW CHILI CHICKEN RICE BOWL	19
breaded chicken breast tossed with soy ginger glaze, cashews, mixed with cucumbers & cilantro + jasmine rice & sriracha hot sauce	
THAI CURRY LAKSA (gc)	19
grilled prawns, creamy coconut broth, mushrooms, rice noodles, fresh vegetables & sprouts	

❶ Vegetarian items (gc) Gluten conscious with some modifications from our kitchen
Not all ingredients are listed, please advise your server about food sensitivities & ensure
you speak to a manager regarding severe allergies.

