

SPARKLING

5oz | 9oz | 750ml

RUFFINO PROSECCO ROSÉ

57

sparkling, Italy

SANTA MARGHERITA

13

70

prosecco, Italy

VEUVE CLICQUOT BRUT

175

champagne, France

WHITE & ROSÉ

6oz | 9oz | 750ml

JACKSON TRIGGS

11¼

16¾

47

pinot grigio, Canada

CAPOSALDO

11¾

17½

49

pinot grigio, Italy

LA MANUFACTURE

95

petit chablis, France

SELAKS

11¾

17½

49

sauvignon blanc, New Zealand

KIM CRAWFORD

13¾

20½

57

sauvignon blanc, New Zealand

FLAT ROCK CELLARS VQA

49

riesling, Canada

FAMILY TREE THE GOAT LADY VQA

11¾

17½

49

chardonnay, Canada

QUINTA DA AVELEDA

12¾

18¾

52

vinho verde, Portugal

**GRIS BLANC ROSÉ BY
GÉRARD BERTRAND**

13¾

20½

57

gris blanc rosé, France

SAINTLY VQA

57

rosé, Canada

standard alcoholic beverage	spirits (40%)	regular beer (5%)	white wine (12%)	red wine (12%)
standard serving	1 shot (43ml/1.5oz)	1 bottle (341ml)	1 glass (142ml/5oz)	1 glass (142ml/5oz)
approx. avg. calories per standard serving	100	150	120	130

Note: actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in Canada's low-risk alcohol drinking guidelines.

Adults and youth (ages 13 and older) need an average of 2000 calories a day, and children (ages 4 to 12) need an average of 1500 calories per day. However, individuals needs vary.



RED

JACKSON TRIGGS

cabernet sauvignon, Canada

6oz | 9oz | 750ml

11¼ 16¾ 47

FLAT ROCK CELLARS VQA

pinot noir, Canada

13¾ 20½ 57

FRESCOBALDI NIPOZZANO RISERVA CHIANTI RUFINA

sangiovese, Italy

13¾ 20½ 57

FAMILLE PERRIN RÉSERVE CÔTES DU RHÔNE

grenache blend, France

12¾ 18¾ 52

19 CRIMES

shiraz, Australia

12¾ 18¾ 52

TENUTA MONTETI CABURNIO

red blend, Italy

95

BELLA TERRA VINEYARDS VQA

cabernet merlot, Canada

12¾ 18¾ 52

FLAT ROCK CELLARS VQA

cabernet merlot, Canada

13¾ 20½ 57

POSTALES DEL FIN DEL MUNDO PATAGONIA

malbec, Argentina

12¾ 18¾ 52

CANCELLER

malbec, Argentina

63

VILLABELLA

ripasso, Italy

18½ 27¾ 78

BATASIOLO BAROLO

nebbiolo, Italy

88

CAMPO VIEJO RESERVA

rioja, Spain

13¾ 20½ 57

MASI COSTASERA

amarone, Italy

120



RESERVE WINE LIST

750ml

DANIEL CHOTARD

98

sancerre blanc, France

**COLLEMATTONI BRUNELLO
DI MONTALCINO**

195

sangiovese, Tuscany, Italy

**CHÂTEAU BOYD-CANTENAC
JACQUES BOYD MARGAUX**

180

bordeaux blend, France

TRIUSS GRAND RED

170

red blend, Canada

THIRTY BENCH

120

cabernet sauvignon, Canada

OSOYOOS LAROSE LE GRAND VIN

135

bordeaux blend, Canada

CHÂTEAU DE BEAUCASTEL

225

chateauneuf-du-pape, France

VILLABELLA FRACASTORO

200

amarone, Italy

standard alcoholic beverage	white wine (12%)	red wine (12%)
standard serving	1 glass (142ml/5oz)	1 glass (142ml/5oz)
approx. avg. cals per standard serving	120	130

Note: actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in Canada's low-risk alcohol drinking guidelines.

Adults and youth (ages 13 and older) need an average of 2000 calories a day, and children (ages 4 to 12) need an average of 1500 calories per day. However, individuals needs vary.

