

## FREE-SPIRITED

**OJ** (150 Cals) 5

### TROPIC THUNDER

seedlip grove, passion fruit, citrus,  
chili lime rim (160 Cals) 8½

### UPTOWN SPRITZ

italian orange bitters, strawberries,  
ginger beer (150 Cals) 8½

### PINEAPPLE EXPRESS

pineapple simple syrup, fresh lemon,  
sparkling water (80 Cals) 8½

### PASSION GRAPEFRUIT MULE

fresh rosemary, grapefruit juice, pineapple  
syrup, cold tea, ginger beer (130 Cals) 8½

## BRUNCH COCKTAILS

### APEROL SPRITZ (2oz)

sparkling wine, aperol, soda (140 Cals) 14

### CAESAR (1oz)

smirnoff vodka, clamato (120 Cals) 13

### MIMOSA (3oz)

sparkling wine with choice of juice (110 Cals) 7  
choose from; grapefruit, pineapple or orange  
juice

## SPARKLING WINES

### RUFFINO PROSECCO ROSÉ

sparkling, Italy 57 (750ml)  
(120 Cals per 142ml/5oz)

### SANTA MARGHERITA

prosecco, Italy 13 (5oz) | 70 (750ml)  
(120 Cals per 142ml/5oz)

### VEUVE CLICQUOT BRUT

champagne, France 175 (750ml)  
(120 Cals per 142ml/5oz)

## SIDES

**FRESH FRUIT** 🍏 (70 Cals) 8

### TOAST 🍞

sourdough, multigrain or gluten-free (270-310 Cals) 4

🍏 Vegetarian items

Not all ingredients are listed, please advise your server about food sensitivities & ensure you speak to a manager regarding severe allergies. Liquor service start times are subject to provincial government regulations.

Note: actual calories of alcoholic beverages may vary; the addition of mixes will increase the calories of these beverages. Standard serving sizes are based on one drink as outlined in canada's low-risk alcohol drinking guidelines.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day; however, individual needs vary.

## BRUNCH

*\*gluten-free bread & english muffin available upon request*

### ACAI BOWL 🍷 **NEW**

acai sorbet, fresh fruit, honey, yogurt,  
granola & coconut (730 Cals) 18¾

### AVOCADO TOAST 🍷

toasted sourdough with guacamole, pico de gallo,  
corn salsa, feta cheese, sour cream & soft boiled egg  
(780 Cals) + fresh fruit (70 Cals) 18¾

### FARMER'S HASH **NEW**

pancetta bacon, chicken apple sausage,  
pickled onions, roasted vegetables, poached eggs,  
hollandaise + breakfast potatoes (1190 Cals) 22

### BRIOCHE FRENCH TOAST 🍷

brioche bread, 4 berry syrup + fresh whipped  
cream (1440 Cals) 18¾

### BREAKFAST TACOS **NEW**

potato, egg, chorizo, salsa, avocado, feta cheese (300  
Cals per serving, 3 servings), served with tajin chips &  
guacamole (180 Cals) 17

### CLASSIC BREAKFAST

three eggs, your choice of chicken apple sausage or  
bacon (410-720 Cals) with breakfast potatoes (360  
Cals) + choice of toast (270-310 Cals) 18¾

### BACON & AGED WHITE CHEDDAR OMELETTE

with sautéed onions (550 Cals), breakfast potatoes  
(360 Cals), choice of toast (270-310 Cals) + fresh fruit  
(70 Cals) 18¾

*\*egg white option available upon request*

### VEGETARIAN EGG WHITE OMELETTE 🍷

spinach & arugula, mushrooms, onions, tomatoes,  
goat cheese (260 Cals), breakfast potatoes (360  
Cals), choice of toast (270-310 Cals) + fresh fruit (70  
Cals) 18¾

### PANCETTA & AGED WHITE CHEDDAR BENEDICT **NEW**

pancetta bacon, hollandaise, sliced tomatoes,  
english muffin (650 Cals), breakfast potatoes (360  
Cals) + fresh fruit (70 Cals) 19¾

### BACON

pork (380 Cals) or turkey **NEW** (70 Cals) 5

**CHICKEN APPLE SAUSAGE** **NEW** (220 Cals) 6